



5th Sunday after Pentecost: 05 July 2020
Service of the Word: Worship @ Home

GATHERING & PREPARATION

Greeting

In the name of God, Creator, Redeemer and Sustainer.
Amen

When we are discouraged and troubled, it is good to have a reliable friend to go to and to pour out our hearts. Someone who can listen, someone gentle, who has time for you. Jesus offers Himself to us today as such an understanding friend, gentle and humble, who can give us peace.

Make us humble and receptive dear Lord,
that we may be open to the Good News.
*The Lord be with you. **And also with you***

PENITENCE & CONFESSION

Let us come before our Lord with the burden of our sins:

(Silent Reflection)

Lord Jesus, you reveal God's gracious will to us:
Lord have mercy.

Christ Jesus, you are meek and humble of heart:
Christ have mercy.

Lord Jesus, you give us rest and refreshment:
Lord have mercy

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent, for the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

PROCLAMATION OF THE WORD OF GOD

1st Reading: Genesis 24:34-38, 42-49, 58-67

Psalm: 45:10-17

2nd Reading: Romans 7:15-25a

Homily Reflection – Fr Jerome

What are the things hidden from the wise but revealed to the little ones? There is some indication that these things are the destruction resulting from being unfaithful to God. The little ones are those who, having received Jesus' revelation about the Father, remain faithful and enter into God's reign of peace. In the text Jesus is depicted as the messianic Saviour judging those who are unfaithful or faithful.

The faithful, having come to Jesus and taken His yoke upon themselves, live now in God's peace. These ones have no fear of Jesus' judgment. Scattered through the gospel are a number of contrasts that present us with the choice to be faithful or not:

Hidden/revealed;
Wise and learned/little ones;
No one knows/reveals the Father;
Labour and are burdened/rest;
Unknowing/learn from Jesus;
Yoke/easy and light burden.

The first term of each pair points to those who are unfaithful, those who cannot hear Jesus' message calling them to repentance. The second term of each pair points to those who are faithful, those who hear Jesus' message and change their lives. The rest Jesus offers, the easy and light burden, is possible for the faithful because they need not fear Jesus' judgment. Jesus gives us shelter from every storm.

It is not always easy for us as Christians to do right. We must try to die to ourselves. We must let go of all the pretensions and become meek and humble like Jesus. We must always seek God's will for our lives. This is not easy because our natural tendency is to seek our own good. The burden is heavy when God is hidden; it is light when God is revealed. Life is much more bearable when we're in union with Christ. This is all we need to do: be in union with Christ. All we need to do is to come to Him, and He will give us rest. **Amen**

Intercessions & Prayers

Let us pray to Jesus our Lord, who teaches people the true wisdom of compassion and love.

Lord Jesus, teach the wise and the learned to become little and humble, that you may reveal to them the Father's love:

We pray: **Lord hear our prayer**

For those who have to carry heavy burdens, let them know the gentle yoke of the gospel, that they may understand the love of the Father,

We pray: **Lord hear our prayer**

For those responsible for the welfare of nations, especially in this time of the Covid-19 pandemic. Teach them to forsake wars and seek peace in justice, that they may come to know the love of the Father,

We pray: **Lord hear our prayer**

For those who choose to serve the poorest, let them not get discouraged, that they may experience the love of the Father,

We pray: **Lord hear our prayer**

For all of us in our Christian communities, let us find in the prayers and the Word we share the peace you have promised,

We pray: **Lord hear our prayer**

Lord Jesus, it is good to be with you here. Listen to us, for you know us and you want us to be happy. You are our Lord for ever. **Amen**

The Collect of the Day

**O God our Saviour,
you reveal your salvation through Jesus Christ,
our wisdom and strength:
teach us to shoulder our burdens
and give us the strength to carry each
other as you have carried us;
through Jesus Christ our Lord,
who lives and reigns with you and the
Holy Spirit, one God, now and forever.
Amen**

SPIRITUAL COMMUNION

(One who is unable to receive the Sacrament physically may make a spiritual communion, and be certain that Christ comes to him/her in this way as surely as he does in the Sacrament.)

Pray in Silence:

Jesus, may all that is you flow into me.
May your body and blood be my food and drink.
May your passion and death be my strength and life.
Jesus, with you by my side enough has been given.
May the shelter I seek be the shadow of your cross.
Let me not run from your love which you offer
but hold me safe from the forces of evil.
On each of my dying's shed your light and your love.
Keep calling to me until that day comes
when, with your saints, I may praise you for ever.
Amen

Or

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, refresh me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Let me never be separated from you.
From the malicious enemy defend me.
In the hour of my death call me
and bid me come to you
that with your saints I may praise you
for ever and ever. Amen

SENT OUT AS GOD'S PEOPLE

Lord of heaven and earth,
we praise you for showing yourself to us
in the gentle and humble heart of Jesus.
Uplifted by his word and our spiritual communion
may we admit how poor and little we are
and learn to give time and attention to the weary.
May we speak your encouraging word to them,
that all who seek you may find among us
your Son, Jesus Christ our Lord. **Amen**

Prayer of Self Offering

**You have our trust, Father,
And our faith,
With our bodies
And all that we are and possess.
Help us to do with our bodies what we proclaim,
That our faith may be known to you
And to others,
And be effective in all the world.
Amen**

Doxology and Dismissal

Give thanks to the Lord for God is gracious.
God's mercy endures forever

We are returning slowly to the world
Often manipulated by the mighty, strong and violent.
Let us not be amongst them because we have a Lord
Who is gentle and humble of heart
And who asks us to follow Him.
May the Almighty bless us.
Amen.

**The grace of our Lord Jesus Christ, and the love of God and the fellowship of the Holy Spirit, be
with us all forever. Amen**

Let us bless the Lord
Thanks be to God